

Substitution Method If  $\begin{cases} u = g(x) \\ du = g'(x) dx \end{cases}$

then  $\int f(g(x)) g'(x) dx = \int f(u) du$

TRY: Make the substitution  $\begin{cases} u = x^5 - 1 \\ du = 5x^4 dx \end{cases}$

to rewrite each as  $\int f(u) du$ .

$$\textcircled{1} \int \underbrace{\sqrt{x^5 - 1}}_u \underbrace{5x^4 dx}_{du} = \int \sqrt{u} du = \int u^{1/2} du$$

$$\textcircled{2} \frac{1}{5} \int \sqrt{x^5 - 1} \underbrace{5x^4 dx}_{du} = \frac{1}{5} \int \sqrt{u} du$$

$$\textcircled{3} \frac{1}{5} \int \underbrace{(x^5 - 1)}_u \underbrace{5x^4 dx}_{du} = \frac{1}{5} \int u du$$

$$\textcircled{4} \int (x^5 - 1)^{100} x^4 dx = \frac{1}{5} \int u^{100} du$$

$$\textcircled{5} \int \frac{x^4}{(x^5 - 1)^{100}} dx = \frac{1}{5} \int \frac{1}{u^{100}} du \\ = \frac{1}{5} \int u^{-100} du$$

# Stewart, Section 4.5

7-30 Evaluate the indefinite integral

These are the substitutions that should get you started.

7.  $\int x\sqrt{1-x^2} dx$   $\begin{cases} u=x^2 \\ du=2x dx \end{cases}$

9.  $\int (1-2x)^9 dx$   $\begin{cases} u=1-2x \\ du=-2 dx \end{cases}$

11.  $\int \sin(2\theta/3) d\theta$   $u=2\theta/3$

13.  $\int \sec 3t \tan 3t dt$   $u=3t$

15.  $\int \cos(1+5t) dt$   $u=1+5t$

17.  $\int \sec^2 \theta \tan^3 \theta d\theta$   $u=\tan \theta$

19.  $\int (x^2+1)(x^3+3x)^4 dx$   $\begin{cases} u=x^3+3x \\ du=3(x^2+1) dx \end{cases}$

21.  $\int \frac{a+bx^2}{\sqrt{3ax+bx^3}} dx$   $\begin{cases} u=3ax+bx^3 \\ du=3(a+bx^2) dx \end{cases}$

8.  $\int x^2 \sin(x^3) dx$   $u=x^3$

10.  $\int \sin t \sqrt{1+\cos t} dt$   $u=\cos t$

12.  $\int \sec^2 2\theta d\theta$   $u=2\theta$

14.  $\int y^2(4-y^3)^{2/3} dy$   $u=4-y^3$

16.  $\int \frac{\sin \sqrt{x}}{\sqrt{x}} dx$   $u=\sqrt{x}$

18.  $\int \sin x \sin(\cos x) dx$   $u=\cos x$

20.  $\int x\sqrt{x+2} dx$   $u=x+2$

22.  $\int \frac{\cos(\pi/x)}{x^2} dx$   $\begin{cases} u=\pi/x \\ du=-\pi/x^2 dx \end{cases}$

23.  $\int \frac{z^2}{\sqrt[3]{1+z^3}} dz$   $u=1+z^3$

25.  $\int \sqrt{\cot x} \csc^2 x dx$   $u=\cot x$

27.  $\int \sec^3 x \tan x dx$   $\begin{cases} u=\sec x \\ du=\sec x \tan x dx \end{cases}$

29.  $\int x(2x+5)^8 dx$   $\begin{cases} u=2x+5 \\ du=2 dx \\ x=(u-5)/2 \end{cases}$

24.  $\int \frac{dt}{\cos^2 t \sqrt{1+\tan t}}$   $u=\tan t$

26.  $\int \frac{\sec^2 x}{\tan^2 x} dx$   $u=\tan x$

28.  $\int x^2 \sqrt{2+x} dx$   $u=2+x$

30.  $\int x^3 \sqrt{x^2+1} dx$   $\begin{cases} u=x^2+1 \\ du=2x dx \\ x^2=u-1 \end{cases}$

Substitution Method If  $\begin{cases} u = g(x) \\ du = g'(x) dx \end{cases}$

then  $\int f(g(x)) g'(x) dx = \int f(u) du$

The strategy is to replace  $\int f(g(x)) g'(x) dx$  with  $\int f(u) du$  which (hopefully) is easier to calculate.

Examples:

$$\textcircled{1} \int \frac{1}{2} \frac{\cos(\sqrt{t})}{\sqrt{t}} dt$$

$$= 2 \int \cos(u) du = 2 \sin(u) + C$$

$$= 2 \sin(\sqrt{t}) + C$$

substitute:

$$\begin{cases} u = \sqrt{t} \\ du = \frac{1}{2} \frac{1}{\sqrt{t}} dt \end{cases}$$

$$\begin{cases} u = t^{1/2} \\ du = \frac{1}{2} t^{-1/2} dt = \frac{1}{2} \frac{1}{\sqrt{t}} dt \end{cases}$$

A substitution is not as obvious here but try:

$$\begin{cases} u = 2 + x^2 \\ du = 2x dx \end{cases}$$

and observe that  $x^2 = u - 2$

$$\textcircled{2} \int x^3 \sqrt{2+x^2} dx$$

$$= \frac{1}{2} \int x^2 \sqrt{2+x^2} \overset{2}{x} dx$$

$$= \frac{1}{2} \int (u-2) \sqrt{u} du = \frac{1}{2} \int (u-2) u^{1/2} du$$

$$= \frac{1}{2} \int u^{3/2} - 2u^{1/2} du = \frac{1}{2} \left( \frac{2}{5} u^{5/2} - \frac{4}{3} u^{3/2} \right) + C$$

$$= \frac{1}{5} (2+x^2)^{5/2} - \frac{2}{3} (2+x^2)^{3/2} + C$$

$$u \cdot u^{1/2} = u^{1+1/2} = u^{3/2}$$

Now use the "anti-power rule"

example (from last class)

Substitute  
$$\begin{cases} u = \cos x \\ du = -\sin x dx \end{cases}$$

$$\int (\cos^2 x + 1)^7 \sin x dx$$

a degree 14 polynomial

$$= (-1) \int (u^2 + 1)^7 du = - \int (u^2 + 1)^7 du$$

Now "just" expand  $(u^2 + 1)^7$  and work the integral,  
Like this:

$$(u^2 + 1)^7 = 1 + 7u^2 + 21u^4 + 35u^6 + 35u^8 + 21u^{10} + 7u^{12} + u^{14}$$

So 
$$\int (u^2 + 1)^7 du =$$

$$u + \frac{7}{3}u^3 + \frac{21}{5}u^5 + \frac{35}{7}u^7 + \frac{35}{9}u^9 + \frac{21}{11}u^{11} + \frac{7}{13}u^{13} + \frac{u^{15}}{15} + C$$

And 
$$\int (\cos^2 x + 1)^7 \sin x dx =$$

$$- \left( \cos x + \frac{7}{3} \cos^3 x + \frac{21}{5} \cos^5(x) + \frac{35}{7} \cos^7 x + \frac{35}{9} \cos^9 x + \frac{21}{11} \cos^{11}(x) + \frac{7}{13} \cos^{13}(x) + \frac{1}{15} \cos^{15}(x) \right) + C$$

Conclusion Integration is hard.  
Do you agree?

note: No easier way to work this integral.

Working definite integrals via substitution requires some care regarding the limits of integration!

Example :  $\int_2^5 \frac{1}{\sqrt{x-1}} dx$

method 1 : Include the limits in the substitution data.

$$\int_2^5 \frac{1}{\sqrt{x-1}} dx = \int_{1=u(2)}^{4=u(5)} \frac{1}{\sqrt{u}} du \quad \begin{cases} u=x-1 & u(2)=1 \\ du=dx & u(5)=4 \end{cases}$$
$$= \int_1^4 u^{-1/2} du = 2u^{1/2} \Big|_{u=1}^4 = 2\sqrt{4} - 2\sqrt{1} = 2$$

method 2 : First work the indefinite integral

$$\int \frac{1}{\sqrt{x-1}} dx = \int \frac{1}{\sqrt{u}} du = \int u^{-1/2} du \quad \begin{cases} u=x-1 \\ du=dx \end{cases}$$
$$= 2u^{1/2} + C = 2\sqrt{x-1} + C$$

So  $\int_2^5 \frac{1}{\sqrt{x-1}} dx = 2\sqrt{x-1} \Big|_{x=2}^5 = 2$

method 3 : Clearly indicate the limits' variable.

$$\int_2^5 \frac{1}{\sqrt{x-1}} dx = \int_{x=2}^5 \frac{1}{\sqrt{u}} du \quad \begin{cases} u=x-1 \\ du=dx \end{cases}$$

$$= 2u^{1/2} \Big|_{x=2}^5 = 2\sqrt{x-1} \Big|_{x=2}^5 = 4 - 2 = 2$$



# Average Value

## Section 5.5

The average value of a list  $a_1, a_2, \dots, a_N$  of  $N$  numbers equals

$$\frac{1}{N} (a_1 + a_2 + \dots + a_N) = \frac{1}{N} \sum_{k=1}^N a_k = \sum_{k=1}^N \frac{a_k}{N}.$$

Is it possible to define the average value of a function  $f(x)$  over an interval? Yes

Definition If  $f(x)$  is continuous on  $[a, b]$  then the average value of  $f$  on  $[a, b]$  is

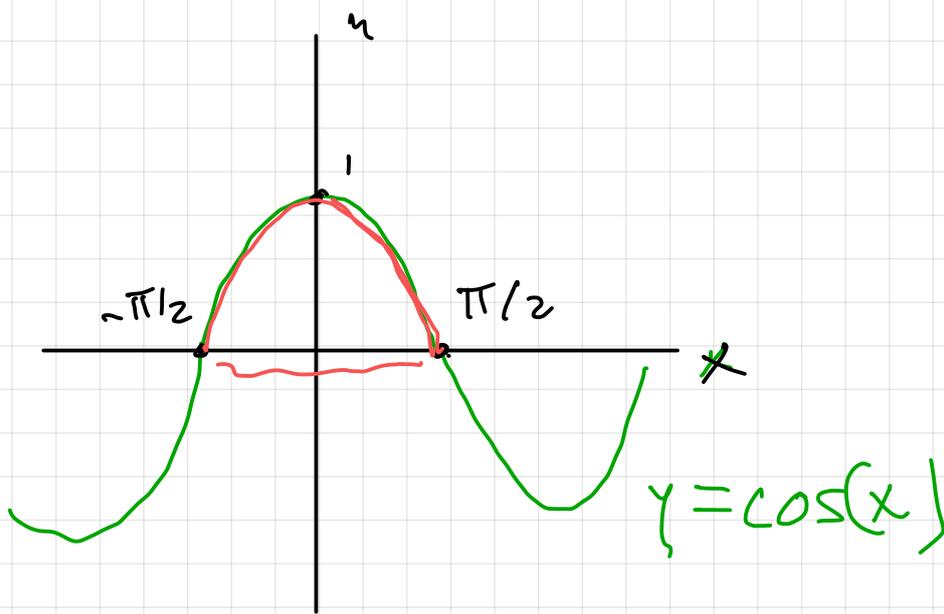
$$f_{\text{ave}} = \frac{1}{b-a} \int_a^b f(x) dx.$$

note:  $b-a$  is the length of  $[a, b]$ .

example: Find the average value of  $\cos(x)$  on the interval  $[-\pi/2, \pi/2]$ . (picture on next page)

Answer Since  $\frac{\pi}{2} - (-\frac{\pi}{2}) = \pi$ , the average value is

$$\frac{1}{\pi} \int_{-\pi/2}^{\pi/2} \cos(x) dx = \frac{1}{\pi} \sin(x) \Big|_{x=-\pi/2}^{\pi/2} = \frac{1}{\pi} (1 - (-1)) = \frac{2}{\pi}$$



$$\left[-\frac{\pi}{2}, \frac{\pi}{2}\right]$$

has length

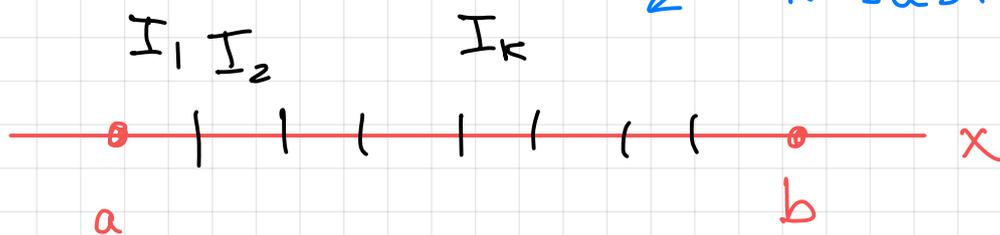
$$\frac{\pi}{2} - \left(-\frac{\pi}{2}\right) = \pi$$

Average Value of  $\cos(x)$  on  $\left[-\frac{\pi}{2}, \frac{\pi}{2}\right] = \frac{2}{\pi} \approx .63662$

# Explaining the definition of $f_{\text{ave}}$

$f_{\text{ave}}$  = Average of  $f(x)$  over  $[a, b]$ .

Subdivide  $[a, b]$  into  $N$  subintervals.



$I_k$  has length  $\frac{b-a}{N} = \Delta x$

Pick  $x_k^*$  in the interval  $I_k$ .

Think of  $f(x_k^*)$  as approximately equal to the average value of  $f(x)$  over  $I_k$ .

This approximation gets better as the length  $\Delta x$  of  $I_k$  gets smaller (that is, as  $N$  gets large). Now

$$\begin{aligned} & \frac{1}{N} \left( f(x_1^*) + f(x_2^*) + \dots + f(x_N^*) \right) \\ &= \frac{1}{b-a} \sum_{k=1}^N f(x_k^*) \Delta x \quad \xrightarrow{N \rightarrow +\infty} \quad \frac{1}{b-a} \int_a^b f(x) dx \end{aligned}$$

Conclude  $f_{\text{ave}} = \frac{1}{b-a} \int_a^b f(x) dx$

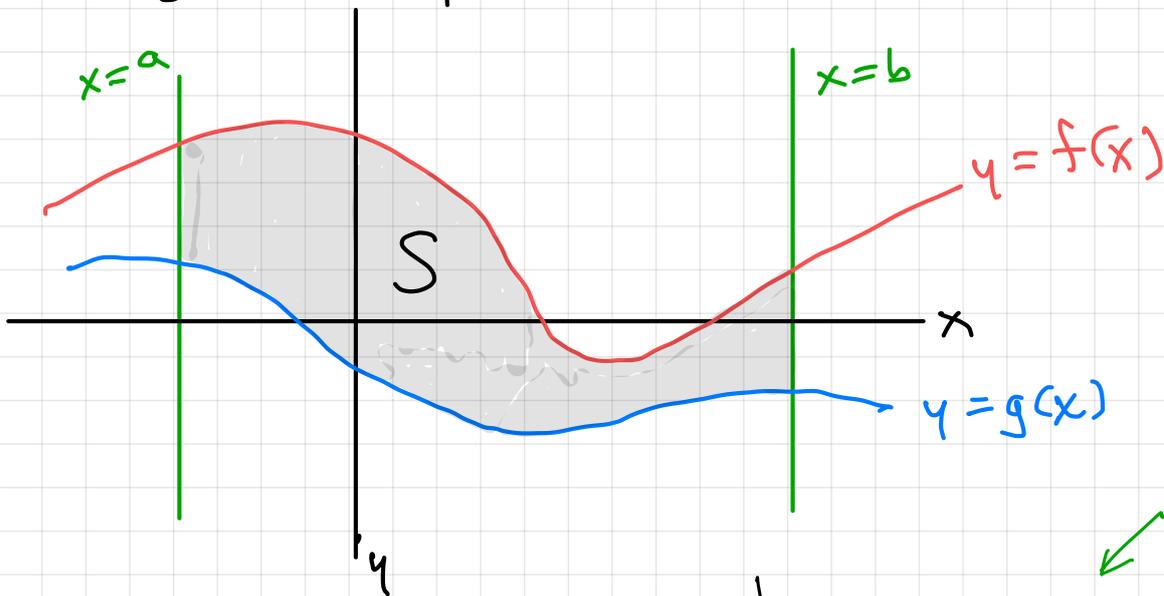
# Area between curves

A region  $S$  in the  $xy$ -plane which is between the vertical lines  $x=a$  and  $x=b$ , and is bounded above by  $y=f(x)$  and below by  $y=g(x)$  is called a Type I region. It is described by inequalities as

$$S : \begin{cases} a \leq x \leq b \\ g(x) \leq y \leq f(x) \end{cases}$$

note the conditions require  $g(x) \leq f(x)$  on the interval  $[a,b]$ .

and generically looks something like:



Since  $a \leq b$  and  $f(x) \geq g(x)$  this integral is always positive

Then 
$$\text{Area}(S) = \int_a^b f(x) - g(x) dx$$

observe

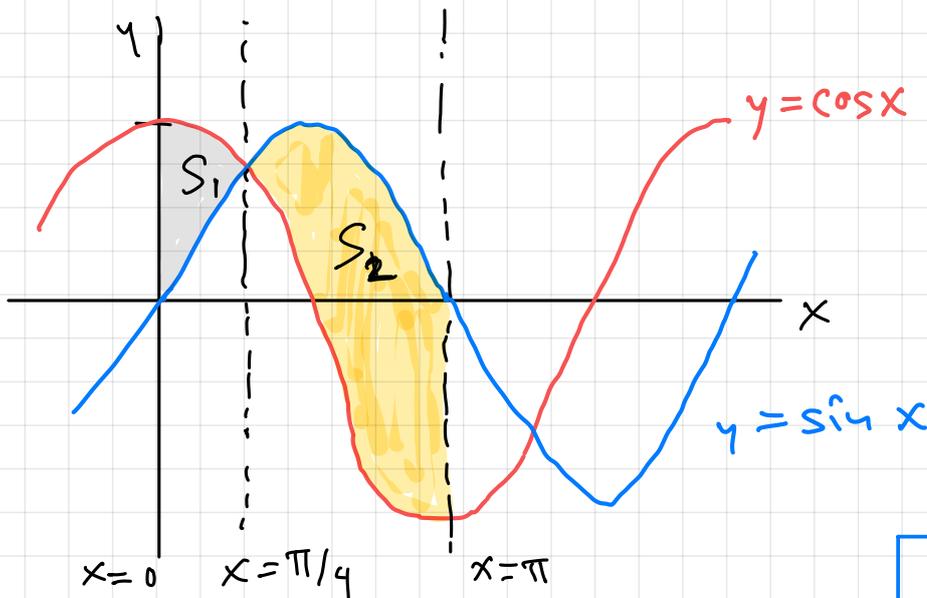
left side  $\swarrow$  right side

$$S : \begin{cases} a \leq x \leq b \\ g(x) \leq y \leq f(x) \end{cases}$$

bottom side  $\swarrow$  top side

## Examples

- ① Find the area of the region  $S_1$  between  $y = \cos(x)$  and  $y = \sin(x)$  for  $0 \leq x \leq \pi/4$ .



Drawing a sketch can often be helpful.

$$S_1: \begin{cases} 0 \leq x \leq \pi/4 \\ \sin x \leq y \leq \cos x \end{cases}$$

$$S_2: \begin{cases} \pi/4 \leq x \leq \pi \\ \cos x \leq y \leq \sin x \end{cases}$$

$$\begin{aligned} \text{Area}(S_1) &= \int_0^{\pi/4} \cos x - \sin x \, dx = \sin x + \cos x \Big|_0^{\pi/4} = \\ \sin \frac{\pi}{4} + \cos \frac{\pi}{4} - \sin 0 - \cos 0 &= \frac{\sqrt{2}}{2} + \frac{\sqrt{2}}{2} - 0 - 1 = \sqrt{2} - 1 \end{aligned}$$

- ② Find the area of the region  $S_2$  between  $y = \cos(x)$  and  $y = \sin(x)$  for  $\pi/4 \leq x \leq \pi$ .

$$\text{area}(S_2) = \int_{\pi/4}^{\pi} \sin x - \cos x \, dx = -\cos x - \sin x \Big|_{\pi/4}^{\pi} = \sqrt{2} + 1$$

- ③ Find the area of the region  $S_3$  between  $y = \cos(x)$  and  $y = \sin(x)$  for  $0 \leq x \leq \pi$ .

$$\text{area}(S_3) = \text{area}(S_1) + \text{area}(S_2) = 2\sqrt{2}$$

watch out for +/- signs!

## Comments on Example (3).

Notice that the region  $S_3$  is not a Type I region because  $y = \cos x$  is on top for  $x$  between 0 and  $\pi/4$  - but  $y = \cos(x)$  is on top for  $x$  between  $\pi/4$  and  $\pi$ . However  $S_3$  does decompose into the union of  $S_1$  and  $S_2$ , each of which do have type I.

For this reason,  $\int_0^\pi \cos x - \sin x \, dx = -2$  does not equal the area of  $S_3$ .

However  $\int_0^\pi |\cos x - \sin x| \, dx$  does represent the area of  $S_3$ , as discussed on page 360 of Stewart's book. But this observation doesn't really <sup>affect</sup> how we calculated  $\text{Area}(S_3)$  on the previous page:

For  $x$  between 0 and  $\pi$ , we have

$$|\cos x - \sin x| = \begin{cases} \cos x - \sin x & \text{if } 0 \leq x \leq \pi/4 \\ \sin x - \cos x & \text{if } \pi/4 < x \leq \pi \end{cases}$$

$S_0,$

$$\begin{aligned} \int_0^\pi |\cos x - \sin x| \, dx &= \int_0^{\pi/4} \cos x - \sin x \, dx + \int_{\pi/4}^\pi \sin x - \cos x \, dx \\ &= \text{Area}(S_1) + \text{Area}(S_2) \end{aligned}$$